


**WEEK 2 PROPOSED MENU**

Fall

	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>	<b>SNACK</b>
MON 2/5/18	100% Fruit Punch WG French Toast Sticks with Syrup Mandarin Oranges Milk and Water	BBQ Sriacha Meatballs on a Roll Broccoli Baby Carrots Pineapple Chunks Milk and Water	Battered Pollock Wedge with Tartar Sauce Scalloped Potatoes Green Beans Butterscotch Pudding Milk and Water	Cheese Twists & Milk
TUE 2/6/18	Grape Juice Enriched Bran Flakes with Cranberries Milk and Water	Southwest Chicken Tostado Corn Fruit Cocktail Milk and Water	Roast Herb Pork Loin in Gravy Sweet Potatoes Peas Spiced Applesauce Milk and Water	Ice Cream Cone & Milk
WED 2/7/18	Apple Juice Scrambled Eggs Whole Wheat Toast with Margarine & Jelly Fruit Salad Milk and Water	Italian Roast Beef with Provolone Cheese on a Club Roll Marinated Vegetable Salad Celery Sticks Pear Halves Milk and Water	Chicken Caesar Salad Dinner Roll with Margarine Mandarin Oranges Cookies Milk and Water	Vanilla Wafers & Milk
THUR 2/8/18	Orange Juice WG Pancakes with Syrup Sliced Peaches Milk and Water	Asian Noodle Bowl Cherry Tomatoes Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Roast Turkey in Gravy Cranberry Sauce Bread Stuffing Cauliflower Strawberry Ice Cream Milk and Water	Cheeze It Crackers & Milk
FRI 2/9/18	Cranberry Juice Oatmeal with Raisins Milk and Water	Tuna Salad on WG Croissant Tomato Soup with Crackers Broccoli Florets Pineapple Tidbits Milk and Water	Fresh Baked Pizza Wedge with Mushroom (unit to bake) Carrots and Beans Orange Cake Milk and Water	Graham Crackers & Milk
SAT 2/10/18	Apple Juice WG Cinnamon Roll Tasteos Sliced Pears Milk and Water	Chicken Breast on Whole Grain Roll Baked Beans  Celery Sticks with Ranch Dressing Applesauce Milk and Water	Philly Cheese Steak on a Roll California Vegetables Brownie Milk and Water	Donut & Milk
SUN 2/11/18	Orange Juice WG English Muffin with Margarine & Jelly Fresh Fruit Milk and Water	Chili Cheese Nachos Mixed Vegetables Peach Halves Milk and Water	Chicken Parmesan Rice Pilaf Garden Salad with Salad Dressing Dinner Roll with Margarine Tropical Fruit Salad Milk and Water	Pretzels & Milk


C: 20518 Fpg.wk2.wrd

\*\*\*No Pork



## WEEK 3 PROPOSED MENU

FALL

	BREAKFAST	LUNCH	DINNER	SNACK
MON 2/12/18	100% Fruit Punch Oatmeal with Syrup Dates Milk and Water	Fish Taco Succotash Baby Carrots Sliced Pears Milk and Water	Spaghetti with Bolognese Sauce Green Beans Italian Bread with Margarine Cookies Milk and Water	Vanilla Wafers & Milk
TUE 2/13/18	Apple Juice Whole Grain Blueberry Muffin with Margarine & Jelly Mandarin Oranges Milk and Water	Honey Sriacha Boneless Chicken Wings with Sweet and Sour Sauce Stir Fried Rice Tossed Salad with Cherry Tomatoes and Assorted Dressing Whole Wheat Dinner Roll with Margarine Fruit Cocktail Milk and Water	Bratwurst on Roll with Sauerkraut Carrots Frozen Chocolate Éclair Milk and Water	Lemon Pudding & Milk
WED 2/14/18	Cranberry Juice WG Bacon Egg Flatbread  Tasteeos Peach Halves Milk and Water	<b><u>Ash Wednesday</u></b> Tuna Salad Hoagie with Sliced Tomatoes and Lettuce Three Bean Salad Celery Sticks Pineapple Rings Milk and Water	Fresh Baked Pizza Wedge with Mushroom (unit to bake) Salad with Salad Dressing Banana Cake Milk and Water	Cheez It Crackers & Milk
THUR 2/15/18	Orange Juice Whole Grain Waffles with Warmed Stewed Apples Milk and Water	<b><u>California Cobb Salad</u></b> Chicken Strips, Avocado, Egg, Bacon, Tomato Wedges over Salad Greens with Ranch Dressing Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Beef Fajitas with Fixings Rice Applesauce Milk and Water	Pretzels & Milk
FRI 2/16/18	Apple Juice Scrambled Egg Whole Grain Bagel with Margarine and Jelly Fruit Cocktail Milk and Water	Cheese Ravioli in Vegetable Ragu Sauce Broccoli Whole Grain French Bread with Margarine Sliced Peaches Milk and Water	Battered Pollock Wedge Au Gratin Potatoes Peas Mandarin Oranges Milk and Water	Graham Crackers & Milk
SAT 2/17/18	Grape Juice Whole Wheat Toast with Margarine & Jelly Tasteeos Fresh Fruit Milk and Water	Meatballs on Roll Tex Mex Vegetables Celery Sticks Applesauce Milk and Water	Baked Herb Chicken Macaroni and Cheese California Vegetables Dinner Roll with Margarine Chocolate Pudding Milk and Water	Cheese Twists & Milk
SUN 2/18/18	Orange Juice WG Raspberry Churros Enriched Bran Flakes Pineapple Chunks Milk and Water	Sausage Patty Whole Grain Pancakes with Apple Butter Salad with Cherry Tomatoes and Salad Dressing Fruit Salad Milk and Water	Country Fried Beef Steak with Country Gravy Mashed Potatoes Collard Greens  Pear Halves Milk and Water	Goldfish Crackers & Milk

\*\*ALERT! BRATWURST IS A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS



C: 021218 FRT

\*\*No Pork



**WEEK 4 PROPOSED MENU**

**FALL**

	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>	<b>SNACK</b>
MON 2/19/18	Cranberry Juice Whole Grain English Muffin With Margarine and Jelly Mandarin Oranges Milk and Water	Hot Turkey Sandwich on Whole Wheat with Gravy Cranberry Sauce Peas Baby Carrots Peach Halves Milk and Water	Fresh Baked Pizza Wedge (unit to bake) with Pepperoni Cauliflower Brownie Milk and Water	Graham Crackers & Milk
TUE 2/20/18	100% Fruit Punch Enriched Bran Flakes with Cranberries Milk and Water	Taco Salad with Lettuce/Salsa/Cheese Green Beans Fresh Fruit Milk and Water	Baked Chicken Au Gratin Potatoes Carrots Frosted Yellow Cake Milk and Water	Pretzels & Milk
WED 2/21/18	Orange Juice Vegetable Omelet Whole Wheat Toast with Margarine & Jelly Fruit Salad Milk and Water	Penne Pasta with Meatballs Salad with Salad Dressing Whole Wheat Dinner Roll with Margarine Sliced Pears Milk and Water	Italian Hoagie on a Club Roll Vegetarian Vegetable Soup with Crackers Applesauce Milk and Water	Donut & Milk
THUR 2/22/18	Grape Juice Whole Grain French Toast Sticks with Syrup Sliced Peaches Milk and Water	Chicken Stew over Whole Grain Biscuit Broccoli Pineapple Rings Milk and Water	Hot Dog on Roll Sweet Potato Fries  Tropical Fruit Salad Milk and Water	Goldfish Crackers & Milk
FRI 2/23/18	Apple Juice Oatmeal with Raisins Milk and Water	Fish and Chips Winter Slaw Whole Wheat Dinner Roll with Margarine Mandarin Oranges Milk and Water	Macaroni & Cheese Stewed Tomatoes Dinner Roll with Margarine Banana Pudding Milk and Water	Cheese Twists & Milk
SAT 2/24/18	100% Fruit Punch Whole Grain Bagel with Cream Cheese & Jelly Pear Halves Milk and Water	Hamburger on Whole Grain Roll Baked Beans  Celery Sticks Applesauce Chocolate Ice Cream Milk and Water	Southwest Chicken Burritos with Cheese, Salsa, and Guacamole Sauce Seasoned Rice Tex Mex Vegetables Fruit Cocktail Milk and Water	Vanilla Wafers & Milk
SUN 2/25/18	Orange Juice Whole Grain Pancakes with Syrup Pineapple Tidbits Milk and Water	Tuna Salad on Whole Wheat Bread Tomato Soup with Crackers Broccoli Florets Fresh Fruit Milk and Water	Oven Fried Chicken Baby Whole Potatoes Mixed Vegetables Homemade Cookie Milk and Water	Cheez It Crackers & Milk

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**\*\*No Pork**



**\*\*\* ALERT! HOT DOGS ARE A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS.**

**WEEK 1 PROPOSED MENU****FALL**

	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>	<b>SNACK</b>
MON 2/26/18	Apple Juice Scrambled Eggs Whole Wheat Toast with Margarine & Jelly Fruit Salad Milk and Water	Pasta Bowl with Meatballs Tossed Salad with Dressing Whole Wheat Dinner Roll with Margarine Mandarin Oranges Milk and Water	Maple Glazed Ham Au Gratin Potatoes Normandy Vegetables Chocolate Cake Milk and Water	Pretzels & Milk
TUE 2/27/18	Cranberry Juice Whole Grain Waffles with Syrup Stewed Apples Milk and Water	Papas Rellenas con queso pollo y brócoli Whole Wheat Dinner Roll with Margarine Sliced Peaches Milk and Water	Hot Dogs  Green Beans Strawberry Shortcake Ice Cream Milk and Water	Cheese Twists & Milk
WED 2/28/18	Orange Juice Oatmeal with Syrup Pineapple Chunks Milk and Water	Thanksgiving Salad with Honey Mustard Dressing Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Homemade Meatloaf in Gravy Mashed Potatoes Winter Blend Vegetables Vanilla Pudding Milk and Water	Vanilla Wafers & Milk
THUR 3/1/18	Grape Juice WG Maple Flavored Pancakes and Turkey  Sausage Wrap with Syrup Pear Halves Milk and Water	General Tso's Chicken over Rice Salad with Dressing Broccoli Florets Whole Wheat Dinner Roll with Margarine Applesauce Milk and Water	Chili Con Carne Carrot & Celery Sticks with Ranch Dressing Corn Muffin with Margarine Fruit Cocktail Milk and Water	Goldfish Crackers & Milk
FRI 3/2/18	100% Fruit Punch WG Blueberry Muffin with Margarine & Jelly Tasteos Fresh Fruit Milk and Water	WG Sriacha Trout with Cheese on WG Roll with Tartar Sauce Superslaw Baby Carrots Pineapple Tidbits Milk and Water	Fresh Baked Pizza Wedge (Unit to Bake) With Vegetable Topping Broccoli Cookies Milk and Water	Chocolate Pudding & Milk
SAT 3/3/18	Cranberry Juice Enriched Bran Flakes with Dates Milk and Water	Open Faced Roast Beef in Gravy on Whole Wheat Bread Mashed Potatoes Tossed Salad with Salad Dressing Peach Halves Milk and Water	Smothered Boneless Pork Chop in Gravy Bread Stuffing Corn Dinner Roll with Margarine Applesauce Milk and Water	Cheez It Crackers & Milk
SUN 3/4/18	Orange Juice WG Bagel with Margarine & Jelly Fruit Cocktail Milk and Water	Turkey and Swiss Cheese on Club Roll Three Bean Salad Celery Sticks Sliced Pears Milk and Water	Mediterranean Chicken Seasoned Rice Carrots Dinner Roll with Margarine Peach Frozen Yogurt Milk and Water	Graham Crackers & Milk

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**\*\*ALERT! TURKEY HOT DOGS ARE A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS****\*\*No Pork**