





WEEK OF JULY 30

	BREAKFAST	LUNCH	DINNER	SNACK
MON 7/30/18	Apple Juice Dutch Waffle with Syrup Sliced Peaches Milk and Water	Turkey Ham and Cheese  on a Whole Wheat Roll with Lettuce and Tomatoes Chuck Wagon Corn Broccoli Florets Pear Halves Raspberry Frozen Yogurt Milk and Water	Salisbury Steak in Gravy Parslied Potatoes Green Beans Fresh Fruit Milk and Water	Fritos Corn Chips & Milk
TUE 7/31/18	100% Fruit Punch WG Coffee Cake with Margarine Tasteos Mandarin Oranges Milk and Water	Stuffed Taco Potato Skins Whole Wheat Dinner Roll with Margarine Tropical Fruit Salad Milk and Water	Santa Monica Slammer Mixed Vegetables Spiced Applesauce Milk and Water	Graham Crackers & Milk
WED 8/1/18	Orange Juice Southwestern Egg Whole Wheat Toast with Margarine Pineapple Chunks Milk and Water	Buffalo Chicken Salad with Celery and Blue Cheese Dressing Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Fresh Baked Pizza with Pepperoni (Units to Bake their own) California Vegetables Banana Pudding Milk and Water	Cookies & Milk
THUR 8/2/18	Cranberry Juice Enriched Bran Flakes with Dates Milk and Water	Fish Nuggets with Tartar Sauce Sweet Potato Wedges Broccoli Florets Whole Wheat Dinner Roll with Margarine Fruit Cocktail Milk and Water	Bratwurst on a Roll Potato Salad Chocolate Ice Cream Milk and Water	Goldfish Crackers & Milk
FRI 8/3/18	Grape Juice Whole Grain Bagel with Margarine and Jelly Applesauce Milk and Water	Chicken Pasta Bowl with Tomato Basil Cream Sauce Tossed Salad with Cherry Tomatoes and Dressing WG Blueberry Muffin with Margarine Peach Halves Milk and Water	Roast Pork in Gravy Seasoned Rice  Collard Greens Dinner Roll with Margarine Mandarin Oranges Milk and Water	Vanilla Wafers & Milk
SAT 8/4/18	Apple Juice Whole Wheat Toast with Margarine and Jelly Fruit Cocktail Milk and Water	WG Pancakes with Syrup Turkey Sausage  O'Brien Potatoes Celery Sticks Cantaloupe Wedge Milk and Water	Cheese Steak on Roll Carrots Brownie Milk and Water	Cheese Twists & Milk
SUN 8/5/18	Orange Juice Oatmeal with Syrup Fresh Fruit Milk and Water	Hamburger on Whole Wheat Roll Baked Beans  Baby Carrots Sliced Pears Milk and Water	Turkey and American Cheese on Whole Wheat Minestrone Soup with Crackers Frosted Yellow Cake Milk and Water	Vanilla Pudding & Milk

*** ALERT! BRATWURST IS A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS.

**No Pork

