



WEEK 4 PROPOSED MENU**FALL**

	BREAKFAST	LUNCH	DINNER	SNACK
MON 3/19/18	Cranberry Juice Whole Grain English Muffin With Margarine and Jelly Mandarin Oranges Milk and Water	Hot Turkey Sandwich on Whole Wheat with Gravy Cranberry Sauce Peas Baby Carrots Peach Halves Milk and Water	Fresh Baked Pizza Wedge (unit to bake) with Pepperoni Cauliflower Brownie Milk and Water	Graham Crackers & Milk
TUE 3/20/18	100% Fruit Punch Enriched Bran Flakes with Cranberries Milk and Water	Taco Salad with Lettuce/Salsa/Cheese Green Beans Fresh Fruit Milk and Water	Baked Chicken Au Gratin Potatoes Carrots Frosted Yellow Cake Milk and Water	Pretzels & Milk
WED 3/21/18	Orange Juice Vegetable Omelet Whole Wheat Toast with Margarine & Jelly Fruit Salad Milk and Water	Penne Pasta with Meatballs Salad with Salad Dressing Whole Wheat Dinner Roll with Margarine Sliced Pears Milk and Water	Italian Hoagie on a Club Roll Vegetarian Vegetable Soup with Crackers Applesauce Milk and Water	Donut & Milk
THUR 3/22/18	Grape Juice Whole Grain French Toast Sticks with Syrup Sliced Peaches Milk and Water	Chicken Stew over Whole Grain Biscuit Broccoli Pineapple Rings Milk and Water	Hot Dog on Roll Sweet Potato Fries  Tropical Fruit Salad Milk and Water	Goldfish Crackers & Milk
FRI 3/23/18	Apple Juice Oatmeal with Raisins Milk and Water	Fish and Chips Winter Slaw Whole Wheat Dinner Roll with Margarine Mandarin Oranges Milk and Water	Macaroni & Cheese Stewed Tomatoes Dinner Roll with Margarine Banana Pudding Milk and Water	Cheese Twists & Milk
SAT 3/24/18	100% Fruit Punch Whole Grain Bagel with Cream Cheese & Jelly Pear Halves Milk and Water	Hamburger on Whole Grain Roll Baked Beans  Celery Sticks Applesauce Chocolate Ice Cream Milk and Water	Southwest Chicken Burritos with Cheese, Salsa, and Guacamole Sauce Seasoned Rice Tex Mex Vegetables Fruit Cocktail Milk and Water	Vanilla Wafers & Milk
SUN 3/25/18	Orange Juice Whole Grain Pancakes with Syrup Pineapple Tidbits Milk and Water	Tuna Salad on Whole Wheat Bread Tomato Soup with Crackers Broccoli Florets Fresh Fruit Milk and Water	Oven Fried Chicken Baby Whole Potatoes Mixed Vegetables Homemade Cookie Milk and Water	Cheez It Crackers & Milk

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**No Pork



***** ALERT! HOT DOGS ARE A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS.**

WEEK 1 PROPOSED MENU**FALL**

	BREAKFAST	LUNCH	DINNER	SNACK
MON 3/26/18	Apple Juice Scrambled Eggs Whole Wheat Toast with Margarine & Jelly Fruit Salad Milk and Water	Pasta Bowl with Meatballs Tossed Salad with Dressing Whole Wheat Dinner Roll with Margarine Mandarin Oranges Milk and Water	Maple Glazed Ham Au Gratin Potatoes Normandy Vegetables Chocolate Cake Milk and Water	Pretzels & Milk
TUE 3/27/18	Cranberry Juice Whole Grain Waffles with Syrup Stewed Apples Milk and Water	Papas Rellenas con queso pollo y brócoli Whole Wheat Dinner Roll with Margarine Sliced Peaches Milk and Water	Hot Dogs  Green Beans Strawberry Shortcake Ice Cream Milk and Water	Cheese Twists & Milk
WED 3/28/18	Orange Juice Oatmeal with Syrup Pineapple Chunks Milk and Water	Thanksgiving Salad with Honey Mustard Dressing Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Homemade Meatloaf in Gravy Mashed Potatoes Winter Blend Vegetables Vanilla Pudding Milk and Water	Vanilla Wafers & Milk
THUR 3/29/18	Grape Juice WG Maple Flavored Pancakes and Turkey  Sausage Wrap with Syrup Pear Halves Milk and Water	General Tso's Chicken over Rice Salad with Dressing Broccoli Florets Whole Wheat Dinner Roll with Margarine Applesauce Milk and Water	Chili Con Carne Carrot & Celery Sticks with Ranch Dressing Corn Muffin with Margarine Fruit Cocktail Milk and Water	Goldfish Crackers & Milk
FRI 3/30/18	100% Fruit Punch WG Blueberry Muffin with Margarine & Jelly Tasteos Fresh Fruit Milk and Water	Breaded Pollock with Cheese on WG Roll with Tartar Sauce Three Bean Salad Baby Carrots Pineapple Tidbits Milk and Water	<u>Passover</u> Roast Beef in Gravy Baby Whole Potatoes Broccoli Matzoh Apple Crisp Milk and Water	Chocolate Pudding & Milk
SAT 3/31/18	Cranberry Juice Enriched Bran Flakes with Dates Milk and Water	Fresh Baked Pizza Wedge (Unit to Bake) Tossed Salad with Cherry Tomatoes and Salad Dressing Peach Halves Milk and Water	Smothered Boneless Pork Chop in Gravy Bread Stuffing Corn Dinner Roll with Margarine Applesauce Milk and Water	Cheez It Crackers & Milk
SUN 4/1/18	Orange Juice WG Bagel with Margarine & Jelly Fruit Cocktail Milk and Water	<u>Happy Easter</u> Sliced Pears Mediterranean Chicken Baby Bakers Potato Carrots Whole Wheat Dinner Roll with Margarine Lemon Cake Milk and Water	Turkey and Swiss Cheese on Club Roll Macaroni Salad Peach Frozen Yogurt Milk and Water	Graham Crackers & Milk

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****ALERT! TURKEY HOT DOGS ARE A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS******No Pork**