



WEEK OF NOVEMBER 5 MENU

	BREAKFAST	LUNCH	DINNER	SNACK
MON 11/5/18	Apple Juice Scrambled Eggs Whole Wheat Toast with Margarine & Jelly Fruit Cocktail Milk and Water	Marrakesh Indian Bowl Pita Bread with Hummus Milk and Water	Maple Glazed Ham Au Gratin Potatoes Normandy Vegetables Chocolate Cake Milk and Water	Donut & Milk
TUE 11/6/18	Cranberry Juice Whole Grain Waffles with Syrup Stewed Apples Milk and Water	Papas Rellenas con queso pollo y brócoli Whole Wheat Dinner Roll with Margarine Sliced Peaches Milk and Water	Hot Dogs  Green Beans Strawberry Shortcake Ice Cream Milk and Water	Cheese Twists & Milk
WED 11/7/18	Orange Juice Oatmeal with Syrup Pineapple Chunks Milk and Water	Thanksgiving Salad with Honey Mustard Dressing Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Meatloaf in Gravy Mashed Potatoes Winter Blend Vegetables Lemon Pudding Milk and Water	Fritos Corn Chips & Milk
THUR 11/8/18	Grape Juice WG Maple Flavored Pancakes and Turkey  Sausage Wrap with Syrup Pear Halves Milk and Water	General Tso's Chicken over Rice Salad with Dressing Broccoli Florets Whole Wheat Dinner Roll with Margarine Applesauce Milk and Water	Chili Con Carne Carrot & Celery Sticks with Ranch Dressing Corn Muffin with Margarine Fruit Cocktail Milk and Water	Cheez It Crackers & Milk
FRI 11/9/18	100% Fruit Punch WG Apple Muffin with Margarine & Jelly Tasteos Fresh Fruit Milk and Water	WG Breaded Fish with Cheese on WG Roll with Tartar Sauce Superslaw Baby Carrots Pineapple Tidbits Milk and Water	Fresh Baked Pizza Wedge (Unit to Bake) With Vegetable Topping Broccoli Brownie Milk and Water	Vanilla Pudding & Milk
SAT 11/10/18	Cranberry Juice WG Cinnamon Crisp Bar Peach Halves Milk and Water	Open Faced Roast Beef in Gravy on Whole Wheat Bread Mashed Potatoes Tossed Salad with Salad Dressing Sliced Pears Milk and Water	Smothered Boneless Pork Chop in Gravy Bread Stuffing Corn Dinner Roll with Margarine Mandarin Oranges Milk and Water	Vanilla Wafers & Milk
SUN 11/11/18	Orange Juice WG Bagel with Margarine & Jelly Applesauce Milk and Water	Turkey and Swiss Cheese on Club Roll Three Bean Salad Cherry Tomatoes Fruit Salad Milk and Water	Mediterranean Chicken Seasoned Rice Carrots Dinner Roll with Margarine Raspberry Frozen Yogurt Milk and Water	Graham Crackers & Milk

****ALERT! TURKEY HOT DOGS ARE A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS**

****No Pork**

