





**WEEK OF OCTOBER 1 PROPOSED MENU**

	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>	<b>SNACK</b>
MON 10/1/18	100 % Fruit Punch WG Pancakes with Syrup Peach Halves Milk and Water	Thai Sweet Chili Chicken over Rice Tossed Salad with Dressing Broccoli Florets Whole Wheat Dinner Roll with Margarine Mandarin Oranges Milk and Water	<b>(Unit To Bake)</b> Cheese Pizza with Vegetable Topping California Vegetables Cookies Milk and Water	Kettle Potato Chips & Milk
TUE 10/2/18	Grape Juice WG Raspberry Churros Tasteeos Cereal Pineapple Rings Milk and Water	Chicken Fajita Sandwich Tex Mex Vegetables Cherry Tomatoes Fruit Salad Milk and Water	Hot Dogs on Rolls  Green Beans Ice Cream Cone Milk and Water	Cheese Twists & Milk
WED 10/3/18	Orange Juice WG Blueberry Muffin with Margarine and Jelly Enriched Bran Flakes Pear Halves Milk and Water	Fish Hoagie with Lettuce & Tomato on WG Roll Three Bean Salad Celery Sticks Applesauce Milk and Water	Roast Turkey in Gravy Cranberry Sauce Mashed Potatoes Peas and Carrots Lemon Pudding Milk and Water	Graham Crackers & Milk
THUR 10/4/18	Apple Juice Scrambled Eggs Whole Wheat Toast with Margarine and Jelly Fruit Cocktail Milk and Water	Santa Fe' Chicken Salad with Chipotle Ranch Dressing Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	American Hoagie with Fixings  Broccoli Salad  Sliced Peaches Milk and Water	Vanilla Wafers & Milk
FRI 10/5/18	100% Fruit Punch WG English Muffin with Margarine and Jelly Mandarin Oranges Milk and Water	Asian Fire Beef Bowl Whole Grain Dinner Roll with Margarine Cherry Tomatoes Sliced Pears Milk and Water	Hot Chicken Sub with Cheese Sauce Steak Fries Strawberry Shortcake Ice Cream Milk and Water	Cheez It Crackers & Milk
SAT 10/6/18	Cranberry Juice Oatmeal with Raisins Milk and Water	Penne Pasta with Meatballs Broccoli Whole Grain Dinner Roll with Margarine Fruit Cocktail Milk and Water	Herb Roasted Pork in Gravy Scalloped Potatoes Mixed Vegetables Banana Cake Milk and Water	Goldfish Crackers & Milk
SUN 10/7/18	Orange Juice WG French Toast Sticks with Syrup Pineapple Tidbits Milk and Water	BBQ Chicken Macaroni Salad Corn Whole Grain Dinner Roll with Margarine Broccoli Florets Watermelon Wedge Milk and Water	Hamburger on Roll Baked Beans  Applesauce Milk and Water	Pretzels & Milk

**\*\*ALERT! HOT DOGS ARE A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS**

**\*\*No Pork** 