

WEEK OF OCTOBER 15 PROPOSED MENU

	BREAKFAST	LUNCH	DINNER	SNACK
MON 10/15/18	100% Fruit Punch WG French Toast Sticks with Syrup Mandarin Oranges Milk and Water	BBQ Sriacha Meatballs on a Roll Broccoli Baby Carrots Pineapple Chunks Milk and Water	Battered Pollock Wedge with Tartar Sauce Scalloped Potatoes Green Beans Butterscotch Pudding Milk and Water	Cheese Twists & Milk
TUE 10/16/18	Grape Juice Enriched Bran Flakes with Cranberries Milk and Water	Southwest Chicken Tostado Corn Fruit Cocktail Milk and Water	Roast Herb Pork Loin in Gravy Sweet Potatoes Peas Spiced Applesauce Milk and Water	Ice Cream Cone & Milk
WED 10/17/18	Apple Juice Scrambled Eggs Whole Wheat Toast with Margarine & Jelly Fruit Salad Milk and Water	Italian Roast Beef with Provolone Cheese on a Club Roll Marinated Vegetable Salad Celery Sticks Pear Halves Milk and Water	Chicken Caesar Salad Dinner Roll with Margarine Mandarin Oranges Cookies Milk and Water	Vanilla Wafers & Milk
THUR 10/18/18	Orange Juice WG Pancakes with Syrup Sliced Peaches Milk and Water	Asian Noodle Bowl Cherry Tomatoes Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Roast Turkey in Gravy Cranberry Sauce Bread Stuffing Cauliflower Strawberry Ice Cream Milk and Water	Cheeze It Crackers & Milk
FRI 10/19/18	Cranberry Juice Oatmeal with Raisins Milk and Water	Tuna Salad on WG Croissant Tomato Soup with Crackers Broccoli Florets Pineapple Tidbits Milk and Water	Fresh Baked Pizza Wedge with Mushroom (unit to bake) Carrots and Beans Orange Cake Milk and Water	Graham Crackers & Milk
SAT 10/20/18	Apple Juice WG Cinnamon Roll Tasteos Sliced Pears Milk and Water	Chicken Breast on Whole Grain Roll Baked Beans  Celery Sticks with Ranch Dressing Applesauce Milk and Water	Philly Cheese Steak on a Roll California Vegetables Brownie Milk and Water	Donut & Milk
SUN 10/21/18	Orange Juice WG English Muffin with Margarine & Jelly Fresh Fruit Milk and Water	Chili Cheese Nachos Mixed Vegetables Peach Halves Milk and Water	Chicken Parmesan Rice Pilaf Garden Salad with Salad Dressing Dinner Roll with Margarine Tropical Fruit Salad Milk and Water	Pretzels & Milk

****No Pork

