



WEEK OF SEPTEMBER 17, 2018 PROPOSED MENU

SU-18	BREAKFAST	LUNCH	DINNER	SNACK
MON 9/17/18	100% Fruit Punch Vegetable Omelet Whole Wheat Toast Margarine & Jelly Mandarin Oranges Milk and Water	Tuna Salad on Goldfish Bread with Lettuce Tomato Soup with Goldfish Crackers Baby Carrots Pineapple Rings Milk and Water	Soft Tacos with Lettuce, Salsa, and Cheese Tex Mex Vegetables Lemon Pudding Milk and Water	Pretzels & Milk
TUE 9/18/18	Cranberry Juice WG Cinnamon Roll Fruit Cocktail Milk and Water	Asian Chicken Salad Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Yom Kippur Breaded Pollock with Sweet & Sour Sauce Pineapple Rice Pilaf Green Beans Dinner Roll with Margarine Applesauce Milk and Water	Kettle Potato Chips & Milk
WED 9/19/18	Orange Juice WG Pancakes with Syrup Sliced Peaches Milk and Water	Meatballs Queso Bomber on a Roll Broccoli Celery Sticks Pear Halves Milk and Water	Oven Fried Chicken Mashed Potatoes with Gravy Coleslaw Ice Cream Sandwich Milk and Water	Cookies & Milk
THUR 9/20/18	Apple Juice Whole Wheat Toast with Peanut Butter Banana Milk and Water	Chicken Fajitas and Bean Tostado Corn Applesauce Milk and Water	Turkey Pastrami and Swiss Cheese on Club Roll Broccoli Salad  Mandarin Oranges Milk and Water	Graham Crackers & Milk
FRI 9/21/18	100% Fruit Punch WG French Toast Sticks with Syrup Sliced Pears Milk and Water	Chicken Patty on Whole Wheat Roll Mixed Vegetables Broccoli Florets Fruit Salad Milk and Water	Pot Roast with Potatoes and Vegetables Dinner Roll with Margarine Chocolate Pudding Milk and Water	Cheez It Crackers & Milk
SAT 9/22/18	Grape Juice Enriched Bran Flakes with Raisins Milk and Water	Bake Your Own Pizza(In Unit) with Pepperoni Tossed Salad with Cherry Tomatoes and Dressing Peach Halves Milk and Water	Grilled Cuban Pork Sandwich on WG White Bread Cauliflower Homemade Cookie Milk and Water	Vanilla Wafers & Milk
SUN 9/23/18	Orange Juice Whole Grain Bagel with Cream Cheese Pineapple Tidbits Milk and Water	Baked Chicken Sweet Potatoes Peas Whole Wheat Dinner Roll with Margarine Watermelon Wedge Milk and Water	Hot Dogs on Whole Wheat Rolls  Carrots Fruit Cocktail Milk and Water	Cheese Twists & Milk

*****ALERT! HOT DOGS ARE A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS.**

****No Pork** 