

# WOODS' WORLD



Launch of Woods Wear

Medical Services Expansion

Legacy Affiliation

Clinical Transformation

## Launch of Woods Wear Custom Apparel Company Fits Woods to a “Tee”



*Woods Wear employees cut the ribbon at the store's grand opening celebration on January 23.*

Since launching our first social enterprise program more than 50 years ago, Woods has been committed to creating employment opportunities for individuals with autism spectrum disorder, emotional and behavioral concerns, cerebral palsy, and other physical, developmental and intellectual disabilities. In January, Woods launched its newest social enterprise with the grand opening of Woods Wear, a custom apparel company where Woods residents will

design, print, and sell t-shirts, as well as hats, headbands, hoodies, sweatshirts and yoga pants.

Woods President and CEO Tine Hansen-Turton joined Woods Wear Lead Maurice Johnson and other Woods Wear employees in cutting the ribbon on the new apparel studio. Located on the Woods campus, the shop is equipped with state-of-the-art design and printing equipment – a DTG Epson Sure Color f12000. There are currently seven part-time Woods individuals employed at the studio. Woods Wear has already produced “tees” for several departments at Woods and will now officially begin to take orders from customers in the community.

Woods chose the custom apparel industry because Woods was already ordering apparel from other vendors for its events and for staff, so there was a built-in customer base. Additionally, Woods Wear offers a different type of work opportunity from Woods’ other social enterprises, thereby broadening the work opportunities available to meet the varied interests and skills of Woods’ residents and students.

The Woods Wear grand opening event was also an opportunity to shine a spotlight on Woods’ other social enterprise initiatives, including

Common Grounds Café, an open-to-the-public, on-site coffee and convenience shop that employs residents who greet customers, take orders, operate the register, prepare food, and maintain inventory and the dining room. Along with Woods Wear, Common Grounds celebrated the grand opening of its coffee bar offering specialty coffees, such as lattes prepared by trained baristas. Common Grounds employs one full-time and 13 part-time Woods individuals.

“Woods was considered an innovator when launching its social enterprise initiative in 1966, 52 years ago. Today, we continue that commitment to eliminating barriers and creating possibilities for achievement,” said Hansen-



*Woods’ employees, Steve and Arielle Kay, pick up some Woods gear at the grand opening celebration of Woods Wear.*

Turton. “Through Woods Wear, and our other social enterprise initiatives such as Yellow Daffodil Flower and Gift Shops, Common Grounds Café, and BeechTree Bath and Body Products, we are providing individuals with opportunities to work in an integrated setting and gain skills, readying them for future employment opportunities in the community. All of this helps them increase their independence.”

### WOODS’ WORLD

WINTER 2019

Published by the  
Communications Department  
215-750-4215

We welcome your comments  
on *Woods’ World*.  
Please send them to:

Katie Carnevale  
Director of Communications  
Woods Services  
P.O. Box 36  
Langhorne, PA 19047

Or email them to:  
kcarnevale@woods.org

*Woods Services does not discriminate in services or employment on the basis of race, color, religious creed, disability, national origin, age, sex, marital status, sexual orientation, citizenship or veteran status.*

#### Woods Services Social Enterprise contact information:

Woods Wear: (215) 809-8777 or woodswear@woods.org  
Common Grounds Café: (215) 809-8800 or commongrounds@woods.org  
Yellow Daffodil Flower and Gift Shop: (215) 750-4159 or yellowdaffodil@woods.org  
BeechTree products: (267) 568-2717 or beechtree@woods.org

## A New Vision for Allied Health Services



As part of the Woods Services transformation plan and in an effort to expand its rehabilitation services, Woods named Senior Occupational Therapist Joe Campbell, formerly the Assistant Director of Crestwood Education Center at Woods, to head up its new Allied Health Services division. In addition to Occupational, Physical, Speech and Hearing Therapists, as part of this new and exciting initiative, Creative Arts Therapists will provide enhanced therapy services. In addition, the new department will encourage university students nationally and internationally to complete their required doctorate projects at Woods. We will encourage Woods staff and doctoral candidates to co-author publications with Woods Staff listed as contributing authors with the overall goal of having Woods staff contributing to the body of knowledge of best practices in health care through research and publications.

Allied Health Services will focus on the coordination of care between existing therapy programs, adopting the use of Woods' new Electronic Health Record, Care Logic, for scheduling and reporting, and coordinating the information needs of Occupational Therapy, Physical Therapy, Speech and other therapy programs. It will also explore the use of tablet technology to facilitate documentation.

Creative Arts Therapists will be hired to provide Art, Music and

## CONTENTS



**4** Woods Expands Medical Services and Launches PCMH

**5** Where Everybody Knows His Name

**6** Beechwood NeuroRehab Resident Shines

**8** Winter Wonderland at Woods

**12** Legacy Treatment Affiliation

**13** Anything is Possible



**14** Holland Enrichment Center

**16** Soaring to New Heights



Dance and Movement therapies to complement existing occupational, speech and physical therapies. Art, Music and Dance and Movement Therapists can have a significant impact in improving the engagement, quality of life and the dignity of life of the people served by Woods Services.

In an effort to expand rehabilitation services, Woods is now

using Bayada Rehab services to support Medicare eligible adults in their homes. Bayada staff may also be used to address the dysphagia needs of people served in Woods Services' programs. Having Bayada therapists on campus would allow improved training for staff on individualized programming and training that could reduce the risk of choking incidents.



# Woods Expands Medical Services and Launches PCMH



This past June, leadership from Keystone First and Woods Services officially marked the opening of the newly expanded Medical Center at Woods and the launch of a Patient Centered Medical Home (PCMH) program. This innovative PCMH serving individuals with significant intellectual and developmental disabilities (I/DD) and complex medical challenges, is a national model for providing more comprehensive, coordinated care for these vulnerable populations.

“Through this collaboration with Keystone First, the new Patient Centered Medical Home program and expanded Medical Center at Woods allows us to improve care coordination, provides extended service hours to reduce disruptive ER visits, and increases access to more advanced medical services right here on our campus,” said Tine Hansen-Turton, President and CEO of Woods Services. “For many of our residents with complex medical needs, the ability to reduce environmental disruptions while providing them with first-rate medical care is truly a game changer.”

The new Medical Center and PCMH program will empower Woods to provide the Keystone First members in its care, as well as 500 other individuals that Woods serves, with superior continuity of care to improve

health outcomes. This new level of coordinated care is part of an overall population health approach at Woods that is reliant on industry best practices, moving the industry forward with new solutions, and providing the Woods community with superior care

“For many of our residents with complex medical needs, the ability to reduce environmental disruptions while providing them with first-rate medical care is truly a game changer.”

and support.

In addition to those served by Woods, the Medical Center offers free, on-site primary medical care as a benefit to all 2,000 Woods employees and will serve as a community medical hub for qualifying neighbors with intellectual and developmental disabilities.

Providing medical care for the Woods community on its Bucks County campus is not new. However, in the past, Woods has relied on external resources such as the

emergency room for service during evening and weekend hours, as well as for specialized services such as radiology. For people with developmental and intellectual disabilities, these abrupt environmental changes and exposure to medical professionals not familiar with their cases can be disruptive.

With the generous support of the Herling Family last year, Woods was able to add x-ray equipment to its medical services keeping numerous individuals out of the emergency room. In October and November, 2018, the Medical Center at Woods processed 60 x-rays for individuals residing with Woods. In the same months, the Medical Center conducted 470 employee health visits for pre-employment physicals and clearance appointments or annual and bi-annual current employee physicals and Mantoux tests. The Medical Center also sees an average of 60 staff per month for urgent care health visits.

Children and adults with I/DD experience multiple barriers to healthcare access that include finding providers who accept Medicaid and Medicare, are willing to take the time often needed for longer patient visits, and are trained to overcome communication, behavioral or other challenges. Additionally, children and adults with I/DD and behavioral challenges tend to have more complex medical issues than those without. When their intellectual disability is linked to a variety of genetic disorders, the medical challenges may significantly exceed those of persons without such genetic conditions. Because of these complexities, people with I/DD account for a significant portion of the Medicaid and Medicare spending.

This PCMH at Woods serves as a national model and is expected to be replicated by Woods in other similar communities across the country in coming years.

## Woods: Where Everybody Knows His Name



*Michael Hazer poses with his parents, Kal and Shelly, during a visit at Woods.*

To say that Michael Hazer has complex medical and psychological needs would be an understatement. Diagnosed with Lennox-Gastaut Syndrome (a seizure disorder), diabetes insipidus, osteopenia, GERD, esophageal paralysis and hyperthyroidism, Michael is on a feeding tube 22 hours a day. His nutrition is contained in a backpack that he carries, allowing him to move from building to building. And these are just his physical challenges.

Michael also has uncontrolled seizure and seizure rages. Often he becomes violent and can injure himself and others. Although he has been in and out of the hospital dozens of times, the hospital staff is afraid of Michael and he fears the hospital. But that is not the case at Woods where experienced

staff members like Residential Counselor Donovan Charles know exactly how to handle Michael.

“Working with Michael has its challenges, but for the most part it is the highlight of my day. He has a great sense of humor, compassion for others, and is willing to help whenever he can,” said Charles. “Michael has overcome so many obstacles and he wakes up every day determined to let nothing stop him from experiencing life.

In addition to his support system at Woods, Michael also has the love and devotion of his parents, Kaleem (Kal) and Shelly Hazer, who visit often and keep in close contact with his staff. Michael lived at home with his family until he was 18. His father, Kaleem (Kal) was a career Army officer and, as a result, the family moved 10

times, even spending some time in Germany. The Hazer family was relieved to find Woods because of its tremendous expertise in helping individuals with complex medical needs and conditions just like Michael’s.

The newly expanded Medical Center at Woods offers residents comprehensive and continuous medical care with extended hours and increased access to more specialized medical services, all without leaving the comfort of Woods. For residents like Michael, that means fewer trips to the hospital and more time spent in an environment where he is thriving.



*Woods staff member Myrna Pankowitz shares a smile with Michael Hazer inside his residence at Woods.*

“Michael loves Woods and the staff does a remarkable job of caring for him with his complex medical and physical disabilities. Michael is very outgoing and it seems ‘everyone’ at Woods knows him by name,” said Kal. “As parents, we feel very comfortable knowing Michael is at the best place possible for his safety, happiness, and growth.”

## Out of this World Experience at Woods!

We were very excited to have the Sky Dome Mobile Planetarium come to Woods in November! This mobile planetarium is similar to the IMAX at the Franklin Institute. A very large bubble was set up in the Gardner gym and staff and residents crawled into the dome to watch a presentation on the solar system and constellations. It was an awesome experience and a new opportunity for us here at Woods!



## Beechwood NeuroRehab Resident Shines at Barnes and Noble



Adam Greene is a hardworking man with two jobs and he just added another exciting role to his busy schedule: storytime leader at Barnes and Noble. When Woods participated in a Run for Woods fundraiser at Barnes and Noble in the Court at Oxford Valley in Fairless Hills in the spring of 2018, Adam was asked to lead the children's storytime and was a total hit with the children, parents, and employees in attendance. Since then, Adam has served as the storytime reader at Barnes and Noble one Saturday per month.

In addition to the opportunity at Barnes and Noble, Adam is a devoted employee of BeechTree, a social enterprise of Beechwood NeuroRehab, where he produces, packages and sells body lotions, soaps, and other products. Beechwood NeuroRehab is a program of Woods for individuals with acquired brain injury and has been home to Adam for the last 10 years.

Adam has a second job reading to the students at Woods' Gardner Education Center. Each week Adam faithfully arrives at Gardner, picks out books at the school's library, and then shares them with a classroom full of students. Whether it is at Woods or Barnes and Noble, Adam loves choosing and reading books that correspond with an upcoming holiday or season. Perhaps Adam's most memorable storytime was when his parents came to see him read a book about fathers during Father's Day weekend.

"We love having Adam participate in our story time every month. We

know this makes him extremely happy," said Debbi Carr, Community Business Development Manager for Barnes and Noble. "We are thrilled that Woods and Barnes & Noble have joined in this community partnership!

Adam is thrilled to be continuing his role as story time leader in 2019! Be sure to follow the Woods Services and Beechwood NeuroRehab Facebook pages for announcements about Adam's upcoming storytimes at Barnes and Noble.



*Adam poses with his proud father, Alan Greene, following one of his story time readings at Barnes and Noble.*

## Woods Staff Selected to Participate in Diversity and Inclusion Cohort



The Alliance for Strong Families and Communities' envisions a healthy and equitable society that is just, fair, and inclusive, enabling all people to participate and reach their full potential. Building on this vision, the Alliance has launched a 15-month "Building Organizational Capacity for Equity, Diversity, and Inclusion" (EDI) cohort to advance specific, significant change for emerging leaders, organizations, and the human services sector.

Woods was selected as one of only 15 organizations to participate in the cohort. As part of the application process, each organization had to identify an emerging leader of color (preferably under the age of 40) and a senior leader (not necessarily a person of color). Abraham Kamara, Residential Director, and Peter Shubiak, Executive Vice President and Chief Culture and Integration Officer, agreed to represent Woods. The cohort will coach and instruct organizations in deepening capacity to attract, develop, and retain leadership talent and advance the knowledge base in the sector.

Benefits of the cohort include:

- Leaders, including emerging leaders of color, will develop a better understanding of themselves and the principles and practices of EDI.
- Organizations will design and be equipped with plans to strengthen their equity, diversity, and inclusion practices.
- The cohort will create replicable models for organizational excellence in creating environments and cultures that attract, develop, and retain racially diverse leaders, primarily those under 40, in human services organizations.

This is a tremendous honor for Woods and will help to enrich our organization in ways we can't yet imagine. Thank you to Abraham and Peter for taking on this added responsibility and for representing Woods so well.

# Beechwood Community Garden Continues to Bloom



*Beechwood NeuroRehab Clubhouse Members gather to talk about an eggplant that they grew themselves in the Beechwood Community Garden.*

The Beechwood Community Garden was created in 2017 to enhance the array of opportunities for pre-vocational training, developing independent living skills, and NeuroRehab therapies that Beechwood NeuroRehab, a program of Woods, offers to people with acquired brain injury (ABI).

Funding for this project was provided by Marcia Garland, whose sister Marlene had been a resident of Beechwood NeuroRehab until she moved to Detroit in 2010 to be closer to Marcia. "The Community Garden is an important project for the Horticulture Unit of our Stabler Clubhouse," stated Dan LaValla, Director of Clubhouse and Vocational Services at Beechwood NeuroRehab Center. "We are incredibly grateful to Marcia for helping to make this a reality."

The Beechwood Community Garden has had a very positive impact on the lives of Beechwood NeuroRehab Clubhouse Members. The tight-knit group has worked hard together to grow varieties of tomatoes, peppers, cucumbers, eggplant, rosemary, basil, as well as nearly a dozen different types of flowers. Tending to the Garden

gives Members opportunities to participate in outdoor activities and offers tactile experiences such as pruning plants and weeding garden boxes. The experience is also having an overall calming and soothing effect on Members who struggle with attention deficits and emotional and behavioral challenges.

"The garden is a wonderful therapeutic tool for Beechwood individuals of all abilities. From passively watching birds and butterflies, to sowing seeds and harvesting, the garden is a place of hope and wonder," said horticulturist and horticulture therapist Brenda Sullivan, who came on board as the Beechwood NeuroRehab Clubhouse Horticulture Work Unit Coordinator last summer. "It is a restorative diversion from life's troubles, a place to learn vocational skills, enhance dexterity and physical therapy, and expand one's education.

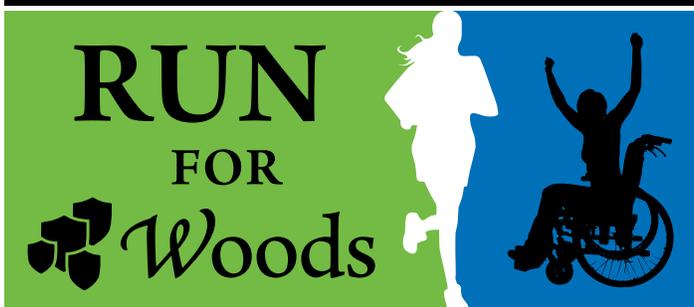
In addition, gardening provides Members with a sense of nurturing and accomplishment because they are literally able to see the fruits of their labors. They recognize that they are helping other gardeners from the community by watering and weeding the garden boxes on weekdays. And as was done last year, they are looking forward to harvesting the produce and vegetables to be used by the Clubhouse Culinary and Nutrition Work Unit for making lunches.

Brad Mongeau, a Beechwood resident said, "The garden means a lot to me. It's nice to see something that you planted grow. I enjoy picking the flowers I have grown and giving them to people who live and work here (at Beechwood NeuroRehab).



*Special thanks to Marcia Garland, whose gift of \$10,000 made the Beechwood Community Garden project possible!*

**5K RUN / WALK / ROLL & FITNESS FAIR**



**PRESENTED BY FAULKNER-CIOCCA DEALERSHIPS**

**SATURDAY, MAY 4, 2019**

**[www.runforwoods.org](http://www.runforwoods.org)**

**Early registration open  
until March 17th!**

# Magic of the Season at Winter Wonderland



Woods was alive with the sights, sounds, and smells of the holidays during the second annual Winter Wonderland at Woods, which was held on Friday, November 30th and Saturday, December 1st. The kickoff to the holiday season was highlighted by a tree lighting ceremony on Friday evening, which featured performances from the Woods' Disney choir and Beechwood vocal choir and the arrival of Santa on a Langhorne-Middletown Fire Company firetruck complete with lights and sirens!

The tree lighting also included an uplifting speech from a Woods resident, as well as remarks from local state representative Frank Farry and Woods' board president, Kevin Sheetz. At the conclusion of the ceremony, Woods residents were invited to the stage to help Santa push a big button to illuminate our very own Christmas tree, which was beautifully decorated by Greg Gilton of Xtreme Elevations and included snowflake ornaments uniquely painted by each resident of Woods.

The fantastic Woods maintenance crew was instrumental in setting the stage for Winter Wonderland and spent weeks decorating the grounds and constructing a free-standing "Santa Cabin", complete with holiday movie motifs and a red velvet throne for the big jolly guy himself. Santa's Cabin was a big hit with Winter Wonderland attendees as our very own Santa spent time chatting and taking photos with each excited visitor.

Like the inaugural Winter Wonderland at Woods in 2017, this year's event featured unique items and gifts for purchase from one dozen local artisans and crafters. This year all attendees, including Woods residents, families, and staff members, as well as members of the local community, were treated to a number of free activities and treats, including soft pretzels, hot



# Winter Wonderland at Woods



chocolate, and face painting as well a make-your-own ornament station, Santa letter-writing area, and holiday movie quiet room, all courtesy of Woods' recreation departments. Our friends from JR Michalski HVAC generously donated 700 Santa hats and glitter glue, an activity that was a big hit with attendees of all ages. Former board member Alice DeVoe and her husband, John Szabo, baked and donated several dozen delicious Italian cookies, which were sold in specialty Winter Wonderland tins.

Our Woods' social enterprises Yellow Daffodil Flower and Gift Shop, Common Grounds Café, Woods Wear, and BeechTree were all well represented at Winter Wonderland. Yellow Daffodil showcased their beautifully decorated campus location and held three different popular craft workshops. Common Grounds Café showed off their new coffee bar and specialty coffee drinks while Woods Wear unveiled their new space and custom t-shirt offerings to the public for the first time. BeechTree was setup among the other vendors and sold gift sets featuring their bath and body products.

Winter Wonderland at Woods also served as the drop-off site for our Secret Santa program. Each year more than 200 staff members, families, community members and local businesses sign up to purchase gifts for Woods residents who stay with us through the holidays and would not otherwise receive them. Thank you to all of our generous Secret Santa donors, as well as the more than 50 volunteers who donated their time to serve as parking, snack stand, and greeter booth attendants, Santa's Cabin managers, and Secret Santa gift checkers. It truly takes a village to transform Woods into Winter Wonderland and we are so thankful to everyone for their help, support, and patronage!

## Grant Update

For more than 100 years, Woods has been committed to excellence in the delivery of individualized services for children and adults with intellectual disabilities who have extremely complex clinical and medical diagnoses and severe behaviors. Woods is building on this expertise, making significant organizational changes and investments to better meet the needs of those it serves.

The Woods Strategic Directions and Transformation Plan were developed within a population health framework. Because we are able to influence all the social determinants of health (environment, access to healthcare and medications, food, housing) for the individuals we serve, we stand a better chance of helping them live longer, productive and more enjoyable lives. Our plan will result in a comprehensive continuum of care that integrates prevention, wellness, education, behavioral health, and social services with coordinated healthcare delivery.

One of the most significant changes includes improving the delivery and coordination of primary and behavioral healthcare. To that end, Woods recently received grants that will support the purchase and implementation of a Behavioral Health Electronic Health Record (EHR), which will significantly improve our operating and care delivery processes for the individuals we serve.

The following grants will support the new Electronic Health Record:

\$300,000	Donald B. and Dorothy L. Stabler Foundation (to be paid over 3 years)
\$ 25,000	First Nonprofit Foundation
\$ 10,000	Gordon Charter Foundation

The EHR implementation will touch every part of our operations, allowing all our staff who serve as the cornerstone of our care delivery model to have the tools to provide the highest level of care. The grants will support user licenses, training for all staff on the software, which will allow for integration with all of Woods' other information systems, including the Electronic Medical Record used by our new medical center.

"By connecting these systems, this project will promote clinical excellence by ensuring that medical records, clinical documentation and treatment notes generated by one system will be available to caregivers using a different system," said Woods' Chief Information Officer, John Regula. "It will not only reduce duplication of data entry, it will also allow sharing of information from community providers to ensure effective care coordination, and allow for electronic transfer of an individual's medical condition to a community provider such as an ER."

In addition, this new investment in our infrastructure will help us be prepared for the advent of managed care in the behavioral health and intellectual disability sector, which will dramatically alter the landscape of services for this vulnerable population. To be able to weather these changes, Woods must have the ability to communicate across multiple health care settings and providers, and share and use data effectively. The support of these generous benefactors will help build our infrastructure to provide better care coordination for our individuals.

# EDUCATION TRANSFORMATION



A significant piece of Woods' transformation plan is our revamped education program. Woods adopted a model for educational leadership that provides greater vision for the program and more support in every aspect of the school day. The new education model is now under the direction of Dr. Maura Roberts, Superintendent who provides oversight and increased collaboration among Woods and its



affiliate schools. Over the past 30 years, Dr. Roberts has spent much of her professional career dedicated to the use of individual and group assessment methodologies and evidence-based academic and behavioral interventions to enhance student learning. She also has administrative experience in both

private and public schools serving students with special needs. Additionally she has co-authored numerous peer-reviewed articles in education and secured grant dollars to fund research and school-based programs.

Almost two years ago, our education team began to meet with a School-wide Positive Behavior Support (SWPBS) Plan consultant to develop an appropriate design for implementation at Woods. The program kicked off in our schools last spring and summer with tremendous success. SWPBS is based on a problem-solving model and aims to prevent inappropriate behavior through teaching and reinforcing appropriate behaviors. The underlying theme is teaching behavioral

expectations in the same manner as any core curriculum subject. Moreover, each school has identified three to five behavioral expectations that are positively stated and easy to remember. In other words, rather than telling students what not to do, the school will focus on reinforcing the preferred

behaviors. Additionally Woods has implemented Ukeru which is a trauma-informed approach to de-escalation of harmful behaviors that focuses on comfort versus control. Collectively SWPBS and Ukeru provide evidence-based approaches to support positive student behaviors in the educational setting.

In addition, we are taking these steps to enhance education:

- Aligning the organizational structure with public school districts
- Increasing classroom support by establishing Teaching Assistants position and designed job-specific training to support classroom aides
- Providing education-specific training for teachers and aides
- Enhancing curriculum and instruction supports, specifically



implemented i-Ready and the i-Ready Toolbox

- Improving the use of technology in the classrooms by purchasing Boardworks which provides teachers with lessons that meet individual state and Common Core State Standards
- Strengthening service delivery model for students with elevated behavioral needs

Education staff are participating in numerous committees that will continue to develop our schools into a world-class system. Committees include: Professional Development, Curriculum and Instruction, Assistive Technology, School and Classroom Model, Transition and Vocational Planning, Student Support Service Delivery Model, and Technology in the Schools.

# CLINICAL TRANSFORMATION

Woods is making significant organizational changes and investments to better meet the needs of children and adults with intellectual disabilities, severe behavioral challenges, and medical complexities. Legacy Treatment Services provided meaningful counsel to Woods throughout the process of upgrading our behavioral health program for children under the age of 21. The most significant change to our clinical program is that each of our homes of 7-8 individuals will have one clinician, thereby reducing clinician caseloads from an average of 1 to 20 to 1 to 8. This will enable clinicians to be available to deliver more treatment and to provide ongoing training and guidance to the direct care staff in their support of individual residents.

In order to launch this program, we hired 14 additional clinicians, numerous

BCBAs and other support staff. Programs will use evidenced-based clinical assessments to better track outcomes and progress toward goals.

Here is a brief description of the new programs:

**CONNECTIONS I AND II** serving youth with autism and behavioral challenges;

**JOURNEY** serving youth who have experienced trauma;

**SOAR** (Self-regulation, Ownership, Accountability, Resiliency) serving youth who present with challenging behaviors related to their psychiatric diagnoses; and

**CAP** (Continuing Achievement Program) serving youth who have achieved and maintained a baseline of behavioral and emotional regulation and are now focusing on further development and transfer of the skills obtained in a structured therapeutic setting to

community settings.

Thank you to the amazing team that collaborated to develop this new innovative model: Dr. Carolyn Appleton, Dr. Constance Grant and Dr. Sue Mills were the primary clinical leads. Additionally, Dr. Sandra Monastero, Mollie Woods Program Clinical Director; Dawn Diamond, Mike Haggerty and Ryan Garrison from our executive team; Steve Luckey from Marketing and Admissions; Joe Kovalcheck, Assistant Vice President of Woodlands and his Directors: Leslie Dunkley, Belinda Holley and Brandi Lindner; Bev Hock, Assistant Vice President of Mollie Woods; Liz Hayden, Strategy Development Director; Roy Leitstein, CEO of Legacy and Maria Talone, Vice President of Clinical Services for Legacy.

## Woods' Stars Shine at Harvest Balls

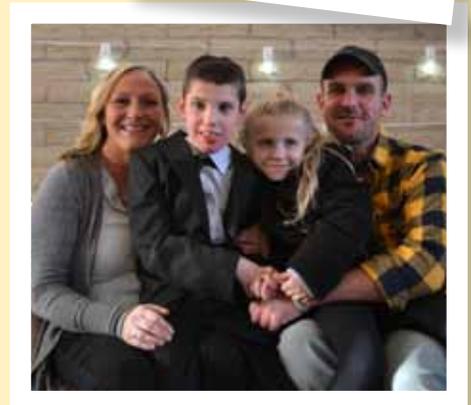


So many wonderful memories were made as we celebrated all of our shining stars at the Mollie Woods Harvest Balls on October 17 and 18. Everyone dressed up in their finest suits and gowns to hit the dance floor and enjoy dinner at Falls Manor Catering in Bristol. After more dancing, staff members presented awards to Shining Stars from each residence. Special thanks to our amazing recreation staff for coordinating the event and transforming Falls Manor for the "Up, Up, and Away" theme!



Congratulations to our "Shining Star" award winners!

Franny T.	Emmanuel R.
Anita K.	Kim B.
Billy Z.	Lamar S.
Tammy T.	Jeremy Y.
Joe S.	Adam A.
Nathan L.	Nathan S.
Peder L.	



## Woods Services and Legacy Treatment Services affiliate to transform clinical care in New Jersey and Pennsylvania



New Jersey officials have given Legacy Treatment Services of Hainesport, N.J., the go-ahead to formally affiliate with Woods Services of Langhorne, Pa. The affiliation, effective Jan. 1, 2019, is another bold move in Woods Services' strategic transformation plan to expand its comprehensive, coordinated approach to care for exceptional people with complex medical and behavioral healthcare needs due to a wide range of intellectual and developmental disabilities, genetic disorders, child welfare issues, and brain trauma.

Legacy Treatment is the fifth non-profit human services agency to affiliate with Woods Services and the third in New Jersey. "We are delighted that Legacy will be joining Woods, Archway Programs, Allies, Inc., Woods Community at Brian's House, and Tabor Services as part of the Woods family," said Kevin Sheetz, Board Chair of Woods Services. "Together, we are creating a dynamic population health management organization that draws on our combined expertise to provide the highest quality of compassionate and evidenced-based care," he said.

The partnership between Woods Services and Legacy Treatment Services, first announced in June 2018, grew from a mutual dedication to achieving exceptional outcomes for the children and adults each organization serves. Woods

had already embarked on a plan to significantly bolster its clinical programming and was looking for a leader in evidence-based treatment and clinical care to help lay the foundation for future programming. It found that leader in Legacy, which not only provided the blueprint, but the expertise and support Woods needed to help launch its "Clinical Transformation" in late 2018. The goal was to develop new clinical treatment models tailored to the specific populations of children with intellectual disabilities that Woods serves. "Our four new clinical models enable us to treat, in an integrated way, the primary issues that are keeping individuals from being successful and utilize a variety of strategies for improved outcomes," said Tine Hansen-Turton, Woods' President and CEO. Highlights of the program include a major investment in clinical and support staff, enhancing clinician-to-client ratios, and implementing evidence-based, outcome-driven interventions and treatment-based assessments.

Effective with the affiliation, Roy Leitstein, CEO of Legacy Treatment Services, takes on additional responsibilities as Woods' first Chief of Population Health Strategy. "We know that this new affiliation will give both organizations access to exceptionally innovative and dynamic services to positively impact every individual we serve," said Leitstein. The joining of Legacy Treatment Services to the Woods family brings together the industry leaders in services for individuals with developmental disabilities and behavioral healthcare. Gloria Miller, Legacy Treatment Services Board Chair said, "Legacy Treatment Services is excited to have found a partner with a shared sense of mission and organizational culture that believes in doing what is best for our consumers and staff. We are excited to collaborate with Woods Services to further expand our continuum of services."

Together, Woods and its five affiliates serve more than 18,000 people with developmental and behavioral challenges and employ approximately 6,000 dedicated people.



## Woods Celebrates NDEAM with Annual Parade

On Tuesday, October 16, the Woods community came together to celebrate National Disability Employment Awareness Month (NDEAM) with our annual parade!

This year's NDEAM theme was "America's Workforce: Empowering All!"



## “With Persistence Anything is Possible”



Woods resident Luis Perez and staff member Musa Kamara have spent five days a week together for the last 10 years. During that time, the pair has weathered many storms and celebrated numerous successes. But the road to the increased independence and expanded opportunities that Luis now enjoys was not always an easy one. He came to Woods more than a decade ago with limited communication and inadequate coping skills and has made extraordinary strides since his arrival.

“Since I met him 9 year ago, Luis has made consistent and significant progress in regulating his emotions which allows him to cope with a wider variety of situations,” said Woods’ Residential Program Care Coordinator Erin Caraballo. “He has also made great progress in his ability to communicate. Now, he can say a few full sentences such as ‘what are you doing?’, which shows the amazing growth he has made through the years.”

When Luis first came to Woods at the age of 18, he required two or more staff members to accompany him on off-campus trips. He also required a dedicated 1:1 staff member, Musa, to be with him during his time spent at Woods’ Holland Enrichment Center, a life skills day program for individuals with intellectual and developmental disabilities who are retired or unable to work.

Luis’ Care Coordinator at Holland, Christina Santana, says the staff was so impressed with Luis’ progress over the last

year that he no longer requires a dedicated staff member and now spends his days with Musa and another Woods individual. Caraballo credits Luis’ entire care team, including Musa, Santana, Holland Instructor Marieflores Chatelier, and Residential Counselor Eddie Lynch with the progress he has made since arriving at Woods.

“Things that have helped Luis’ progress include a structured day, regular physical activity (walks, playing basketball, riding a tricycle), water play, and a modification of his environment,” said Caraballo. “Through consistent 1:1 staffing, the utilization of a Behavior Support Plan and the constant support of his residential and day program staff, Luis has exhibited a noted decrease in his tracked behaviors which has made it possible to begin the process of fading his 1:1 staffing,” said Caraballo.

“Since Luis has been in a group of two, his personality has begun to truly shine. He has been smiling more and there has been a noticeable difference in his communication skills,” said Santana. “Luis has even started a job at Holland of assisting his instructor with collecting data on a daily log for each classroom.”

In addition to assisting Chatelier with the daily classroom logs, Luis has also been instrumental in keeping the classroom tidy and watering the plants, two skills that helped him to secure a volunteer position outside of Woods.

“Due to his behavior stability, Luis also started a volunteer opportunity cleaning up at Silver Lake Nature Center in Bristol,” said Santana. “He has done extremely well and actively participates. This is a major accomplishment for Luis and we are all so proud of what he has accomplished!”

Though it may no longer be just the two of them, Luis and Musa remain close and are enjoying their bond more than ever before.

“Working with him has helped me see life from a different perspective: with persistence, anything is possible,” said Musa. “Today, Luis is like family to me

and I enjoy every second with him.”

Luis’ accomplishments and abilities also extend to his residence at Woods, where, with the support and encouragement of his staff, Luis is now able to assist throughout his home on various tasks such as: delivering the mail to the residential supervisors, assisting staff while bringing his laundry to his bedroom, and sweeping the kitchen floor in the dining room after dinner.

Luis’ care team at Woods has certainly enjoyed seeing their hard work and investment in Luis come to fruition. But other important people in his life like his family members and friends are also enjoying a “whole new Luis”.



“He went through a period when he refused to do anything for himself and relied so heavily on staff for everything. He would not even walk standing straight up,” said Lynch. “But now, he is starting to dress himself, participate in tooth brushing by doing the movements himself and showing more interest in his daily activities. He has built some great bonds with his staff over the years.”

“The most significant growth that has been seen in Luis over the past few years would have to be his overall demeanor and sense of calm. Luis always has a smile on his face and loves to interact with his family, staff, and peers,” said Caraballo. “Luis is an amazing young man and we all feel very blessed to be able to play a small part in helping him grow and achieve his goals.”

# Opportunities Abound at Holland Enrichment Center



*Longtime Woods resident John Hill poses with CEO and President Tine Hansen-Turton and staff member Abraham Swaray after showing them his prowess for puzzles at the Holland Enrichment Center.*



*Woods resident and Holland member, Jaime Lara-Ensslin, works with staff member Zoe Hayes to distribute supplies to Holland classrooms each morning.*



*Holland Care Coordinator Linda Smith joins Woods resident and Holland member Christina Mingione for their weekly "tea party".*

Supervisor Jill McGill and Manager Becky Leach write a new quote on the bulletin board at the entrance to Holland Enrichment Center each morning. On this particular day the quote reads "Youth is a gift of nature, age is a work of art. Appreciate both." This quote is a perfect testament to the activity, work, and energy that permeate Holland each and every day. There are youthful individuals who visit the day program daily to work on vocational, communication, and social skills. Another segment of Holland's members are young-at-heart seniors who are retired from vocational work and attend the day program for socialization and recreational benefits.

One such senior is John Hill, who has been a resident of Woods since 1961. John is about to turn 74 and takes great pride in being a long-standing resident at Woods. Once an employee at the Yellow Daffodil Flower and Gift Shop, a typical day for John now includes working on puzzles, tidying up his desk and workspace at Holland, and mailing donations to his favorite local charities. John enjoys serving as the lead of one of the two senior classrooms and is happy to give tours of the space to visitors or help out when a substitute instructor fills in.

Another senior program member named Martha Stott has been at Woods since 1941 when she was just six years old. Affectionately called "Moni" by all who know her at Woods, she developed an interest a few years back in collecting plastic bottles so they can be recycled. The word has spread throughout Holland and staff and visitors now save

and deliver their empty bottles to Moni so she can recycle them.

Jaime Lara-Ensslin is one of the younger members of Holland and he takes great pride in passing out diapers, wipes, gloves and other supplies to instructors each morning with his dedicated staff member, Zoe Hayes. Yet another younger member, Luis Perez, has progressed so much in his role at Holland that he now volunteers at a local nature center (see full story on page 13).

The happiness of the Holland program members is absolutely at the forefront of the minds of McGill and Leach at all times. For the last 12 years, the pair has worked side-by-side to ensure that each individual who enters the doors of Holland has a full day of activity and a number of opportunities to explore their skills and interests.

"We have one individual named Kyle who loves circulars and newspapers so I collect them whenever I go somewhere because I know that's what makes him happy," said Becky. "I just love seeing when people are happy, no matter what makes them happy."

## Preparing for the Future

In addition to Leach and McGill, Care Coordinators Christina Santana, Linda Smith, Michelle Fletcher, and Caitlin Dayton play a key role in developing habilitative outcomes for the individuals in their caseload. These key Woods staff members are in constant communication with families and agencies, as well as other Woods team members in order to develop personalized plans. The Care

Coordinators can often be found engaging in activities in the classrooms, assisting staff in implementing individual outcomes, or spending one-on-one time with the individuals in their caseload.

For individuals in the advance skills, pre-work readiness, and work readiness classrooms at Holland, the day is spent working on a variety of vocational skills with the goal of preparing for employment at Woods' own work center, TWE (The Woods Enterprises), at one of Woods' four social enterprises (Yellow Daffodil Flower and Gift Shop, Common Grounds Café, BeechTree bath and body products, and Woods Wear), or possible community employment. "The Holland Enrichment Center empowers our individuals at Wood by offering a number of opportunities including pre-vocational training, functional life skills maintenance, routine community integration opportunities, and person-centered habilitative outcomes/goals," said Santana.

## Beyond the Classroom

In addition to working on individual skills in the classroom, Holland members also have numerous recreational opportunities available to them including weekly community outings, which are offered on a rotating basis, bi-weekly concerts performed by The Conservatory, monthly non-denominational church services, activities with the Mollie Woods Recreation Department, and music therapy. In addition, each individual at Holland receives physical therapy.

# How To Make Your Permanent Mark On The Future

Now is the time to make a mark on the future. More and more friends of Woods are choosing to leave a lasting legacy by making a gift through their will or estate. Some of the largest gifts we've received—the kind that really make a difference for future generations—come from planned gifts.

## How to Become a Futurist

It's easy to become one of these farsighted, influential individuals. If you already have a will, you can add a gift to us through a very simple amendment called a codicil. We can give you sample codicil language you can send to your attorney to make the process smooth and simple.

## If you don't have a will, what are you waiting for?

Without a valid will in place, you leave it up to the courts to decide how to distribute your assets. But you've worked hard to achieve what you have, whether it's a little or a lot, and you deserve the right to say what happens to it. A will gives you the control you deserve. Writing a will isn't difficult and it's well worth the time. It's also a great opportunity to leave a legacy gift or "bequest" to organizations you care about, like Woods.

## What Counts as a Bequest?

You can give ("bequeath") many different kinds of assets—in whole or in part—in your will, including:

- 
- A paid-up life insurance policy
  - Cash
  - Securities
  - Real estate
  - CDs
  - U.S. Savings Bonds
  - Artwork
  - A percentage of your estate's value
- The "leftovers" after all debts are paid and your loved ones are cared for

## To Restrict or Not to Restrict?

Some friends choose to designate their bequest to a certain aspect of our mission. Others leave their gift unrestricted. Either type of bequest is welcome and appreciated. However, since it's impossible to know what the future holds, it's usually recommended to make your bequest unrestricted so that it can be used where the need is greatest when the time comes.

## Don't be Shy

Please let us know if you decide to make a bequest to Woods. We realize many donors wish to remain



anonymous, and if this is your wish, we will absolutely guard your privacy. However, knowing about your plans really helps us plan better for the future. It also enables us to thank you in the way you deserve. It's especially important to contact us in advance if:

- you'd like to make a bequest of something other than cash or appreciated marketable securities; or
- you wish to designate your bequest to a specific purpose.

## Bequest Lingo

Many people think a bequest is complicated. Not so! It really couldn't be easier. Simply fill in the blanks and pass along this language to your attorney to include in your will or living trust.

I give, devise and bequeath to Woods Services, located at 40 Martin Gross Drive, Langhorne, PA 19047 or its successor, the sum of \$\_\_\_\_\_ (or a description of the specific asset) to be used for such charitable purpose(s) as the governing body of Woods Services or its successor, may decide in its discretion (or for the support of a specific fund or program).

We can also give you language if you're interested in making a residual bequest (the "leftovers" of your estate) or a contingent gift (where Woods only gets the gift if certain circumstances occur.)

## Get in touch!

If you believe in our mission and want to help carry it forward to the future, please contact Dalene Neopolitan at [dneopolitan@woods.org](mailto:dneopolitan@woods.org) or 215-750-4250. We would be pleased to work with you and your advisor(s) to determine the gift that best suits your situation and interests.



P.O BOX 36  
LANGHORNE PA 19047

NONPROFIT ORG  
US POSTAGE  
**PAID**  
LANGHORNE PA  
PERMIT NO 27

ADDRESS SERVICE REQUESTED



## SOARING TO NEW Heights

Two hundred guests gathered on Thursday, January 17th to attend Woods' annual Fete & Fundraiser — raising more than \$170,000 for Woods Services.

Guests were treated to an extraordinary array of food and drink from 12 of the area's finest restaurants including Bella Tori at the Mansion (former home of Mollie Woods!), Chickie's & Pete's, Harvest Seasonal Grill, Just Food Catering, Liberty Bell Gastro Pub and Oliveto from Parx Casino, Lochel's Bakery, McCaffrey's Food Market, Nothing Bundt Cakes, O'Neills Catering, Rocco's at The Brick, and Steam Pub. All of the restaurants donated a dish to guests greatly reducing expenses for the event. Wine was poured by Rose Bank Winery.

The event celebrated our four social enterprises — small businesses with a social mission — that provide training and job opportunities for people with disabilities. Any profits generated directly support the business and fund programs for the people we serve. Woods' four social enterprises include Yellow Daffodil, a full service flower and gift shop; Common Grounds Café,

which sells specialty coffee drinks, sandwiches, salads and convenience foods; BeechTree Enterprises, which makes bath and body products from organic ingredients and Woods Wear, a brand new apparel print shop that can accommodate large orders for special events or a single shirt with a personalized design. If you were unable attend the event, we encourage you to take a few minutes to watch a new video featuring these four success stories: <http://bit.ly/fetevideo>. Bev Fleming, owner of Rose Bank Winery, confirmed that the winery's gift shop will soon be featuring a new line of jewelry from Yellow Daffodil!

Avi Saltzman, a Woods resident who works in Yellow Daffodil, stated with pride "[My work] helps me with my aggression and anger problems and with my disability. It has helped me become a better person." Patrick Allely, an employee in our print shop, shared that working in a social enterprise "teaches me how to be consistent, and consistent is the best thing I can be. That's how people believe in you, and you believe in yourself."

