





**WEEK OF SEPTEMBER 23 MENU**

SU-19	BREAKFAST	LUNCH	DINNER	SNACK
MON 9/23/19	Apple Juice Dutch Waffle with Syrup Sliced Peaches Milk and Water	Turkey Ham and Cheese  on a Whole Wheat Roll with Lettuce and Tomatoes Chuck Wagon Corn Broccoli Florets Pear Halves Raspberry Frozen Yogurt Milk and Water	Salisbury Steak in Gravy Parslied Potatoes Green Beans Fresh Fruit Milk and Water	Cheeze It Crackers & Milk
TUE 9/24/19	100% Fruit Punch WG Apple Muffin with Margarine and Jelly Enriched Bran Flakes Mandarin Oranges Milk and Water	Stuffed Taco Potato Skins Whole Wheat Dinner Roll with Margarine Tropical Fruit Salad Milk and Water	Santa Monica Slammer Mixed Vegetables Flavored Applesauce Milk and Water	Vanilla Pudding & Milk
WED 9/25/19	Orange Juice Southwestern Tortilla Sandwich with Salsa Pineapple Chunks Milk and Water	Buffalo Chicken Salad with Celery and Blue Cheese Dressing Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Fresh Baked Pizza with Pepperoni (Units to Bake their own) California Vegetables Brownie Milk and Water	Vanilla Wafers & Milk
THUR 9/26/19	Cranberry Juice WG Granola Bar Sliced Pears Milk and Water	Fish Nuggets with Tartar Sauce Sweet Potato Wedges Broccoli Florets Whole Wheat Dinner Roll with Margarine Fruit Cocktail Milk and Water	Bratwurst on a Roll Tex Mex Vegetables Strawberry Shortcake Ice Cream Milk and Water	Fritos Corn Chips & Milk
FRI 9/27/19	Grape Juice WG French Toast Sticks with Syrup Applesauce Milk and Water	Chicken Pasta Bowl with Tomato Basil Cream Sauce Tossed Salad with Cherry Tomatoes and Dressing WG Blueberry Muffin with Margarine Peach Halves Milk and Water	Roast Pork in Gravy Seasoned Rice  Collard Greens Dinner Roll with Margarine Mandarin Oranges Milk and Water	Graham Crackers & Milk
SAT 9/28/19	Apple Juice WG Bagel with Cream Cheese and Jelly Fruit Cocktail Milk and Water	WG Pancakes with Syrup Chicken Sausage Links  O'Brien Potatoes Celery Sticks Cantaloupe Wedge Milk and Water	Cheese Steak on Roll Carrots Frosted Yellow Cake Milk and Water	Cheese Twists & Milk
SUN 9/29/19	Orange Juice Oatmeal with Syrup Banana Milk and Water	Hamburger on Whole Wheat Roll Baked Beans  Baby Carrots Pineapple Rings Milk and Water	<b><u>Rosh Hashanah</u></b> Roast Turkey in Gravy Parslied Potatoes Broccoli Crowns Orange Cake Milk and Water	Banana Pudding & Milk

\*\*\* ALERT! BRATWURST IS A CHOKING HAZARD. PLEASE SEE DYSPHAGIA MENU FOR SPECIAL HANDLING INSTRUCTIONS.

\*\*No Pork 