



WEEK of 11/1/2021 MENU

	BREAKFAST	LUNCH	DINNER	SNACK
MON 11/1/21	Apple Juice Omelet with Colby Cheese Whole Wheat Toast with Margarine & Jelly Sliced Pears Milk and Water	Roast Beef in Gravy on Whole Wheat Roll Corn Celery Sticks with Ranch Dressing Mandarin Oranges Milk and Water	Hot Dogs  Carrots Cookies Milk and Water	Corn Chips & Milk
TUE 11/2/21	Cranberry Juice Whole Grain French Toast Sticks with Syrup Fruit Cocktail Milk and Water	Papas Rellenas con queso pollo y brócoli Whole Wheat Dinner Roll with Margarine Pineapple Tidbits Milk and Water	Maple Glazed Ham Scalloped Potatoes Normandy Vegetables Chocolate Cake Milk and Water	Cheez It Crackers & Milk
WED 11/3/21	Orange Juice Oatmeal with Syrup Fresh Fruit Milk and Water	Thanksgiving Salad with Balsamic Vinaigrette Dressing Whole Wheat Dinner Roll with Margarine Diced Peaches Milk and Water	Meatloaf in Gravy Mashed Potatoes Mixed Vegetables Lemon Pudding Milk and Water	Crunchy Cheetos & Milk
THUR 11/4/21	Grape Juice WG Maple Flavored Pancakes and Turkey Sausage Wrap  Mandarin Oranges Milk and Water	Chicken Salad with Lettuce on Whole Wheat Roll Three Beans Salad Cherry Tomatoes Flavored Applesauce Milk and Water	Loaded Nachos over Tortilla Chips Pear Halves Orange Sherbet Milk and Water	Pretzels & Milk
FRI 11/5/21	100% Fruit Punch WG Apple Muffin with Margarine & Jelly Enriched Bran Flakes Pineapple Chunks Milk and Water	WG Breaded Fish with Cheese on WG Roll with Tartar Sauce Coleslaw Cauliflower Florets Mixed Fruit Milk and Water	Fresh Baked Pizza with Mushroom (Unit to Bake) Green Beans Brownie Milk and Water	Vanilla Wafers & Milk
SAT 11/6/21	Cranberry Juice WG Granola Bar Peach Halves Milk and Water	WG Chicken and Waffles with Syrup Tossed Salad with Cherry Tomatoes and Salad Dressing Sliced Pears Milk and Water	Boneless Pork Chop in Gravy Bread Stuffing Peas Applesauce Milk and Water	Graham Crackers & Milk
SUN 11/7/21	Orange Juice WG Bagel with Margarine & Jelly Fruit Cocktail Milk and Water	Turkey and Swiss Cheese on Club Roll Potato Salad Baby Carrots Fresh Fruit Milk and Water	Mediterranean Chicken Seasoned Rice Broccoli Dinner Roll with Margarine Chocolate Ice Cream Milk and Water	Butterscotch Pudding & Milk

****No Pork**

