



WEEK of 11/21/22 MENU

	BREAKFAST	LUNCH	DINNER	SNACK
MON 11/21/22	Cranberry Juice Whole Grain English Muffin With Margarine and Jelly Sliced Peaches Milk and Water	Meatballs on Whole Grain Roll Seasoned Wax Beans Fresh Fruit Milk and Water	Cheese Pizza (unit to bake) Cauliflower Frosted Yellow Cake Milk and Water	Donut & Milk
TUE 11/22/22	100% Fruit Punch WG Granola Bar Tasteos Fruit Cocktail Milk and Water	Taco Salad with Lettuce/Salsa/Cheese Tex Mex Vegetables Pear Halves Milk and Water	Oven Fried Chicken Mashed Potatoes with Gravy Green Bean Salad Ice Cream Sandwich Milk and Water	Graham Crackers & Milk
WED 11/23/22	Orange Juice Oatmeal with Raisins Milk and Water	Cheese Calzone with Marinara Sauce Broccoli Pineapple Tidbits Chocolate Pudding PC Milk and Water	Hot Dog on Roll  Sweet Potato Fries Peach Halves Milk and Water	Crunchy Cheetos & Milk
THUR 11/24/22	Grape Juice Whole Grain French Toast Sticks with Syrup Sliced Pears Milk and Water	<u>Thanksgiving Lunch</u> Roast Turkey with Gravy Cranberry Sauce Bread Stuffing Corn Pepper Slaw Whole Wheat Dinner Roll with Margarine Fruit Salad Milk and Water	American Hoagie on a Club Roll Macaroni Salad Pumpkin Pie with Whipped Topping Milk and Water	Goldfish Crackers & Milk
FRI 11/25/22	Apple Juice Breakfast Tortilla Wrap Fresh Fruit Milk and Water	Fish and Chips Coleslaw Whole Wheat Dinner Roll with Margarine Applesauce Milk and Water	Macaroni & Cheese Stewed Tomatoes Dinner Roll with Margarine Cookies Milk and Water	Cheez-It Crackers & Milk
SAT 11/26/22	100% Fruit Punch Whole Grain Bagel with Cream Cheese & Jelly Mandarin Oranges Milk and Water	Hamburger on Whole Grain Roll Baked Beans  Baby Carrots Peach Halves Milk and Water	Southwest Chicken Burritos with Cheese, Salsa, and Guacamole Chuck Wagon Corn Pineapple Rings Milk and Water	Kettle Potato Chips & Milk
SUN 11/27/22	Orange Juice Whole Grain Pancakes with Syrup Applesauce Milk and Water	Tuna Salad on Whole Wheat Bread Carrots Tropical Fruit Salad Raspberry Frozen Yogurt Milk and Water	Baked Chicken Breast Potato Salad Green Beans Brownie Milk and Water	Vanilla Wafers & Milk

****No Pork** 