



WEEK of 12/19/22 MENU

	BREAKFAST	LUNCH	DINNER	SNACK
MON 12/19/22	Cranberry Juice Whole Grain English Muffin With Margarine and Jelly Sliced Peaches Milk and Water	Hot Turkey Sandwich on Whole Grain Roll with Gravy Cranberry Sauce Peas Baby Carrots Mandarin Oranges Milk and Water	Cheese Pizza (unit to bake) Cauliflower Frosted Yellow Cake Milk and Water	Donut & Milk
TUE 12/20/22	100% Fruit Punch WG Granola Bar Tasteos Fruit Cocktail Milk and Water	Taco Salad with Lettuce/Salsa/Cheese Tex Mex Vegetables Pear Halves Milk and Water	Oven Fried Chicken Mashed Potatoes with Gravy Four Beans Salad Ice Cream Sandwich Milk and Water	Graham Crackers & Milk
WED 12/21/22	Orange Juice Oatmeal with Raisins Milk and Water	Meatballs on Whole Grain Roll Seasoned Wax Beans Fresh Fruit Milk and Water	American Hoagie on a  Club Roll Macaroni Salad Peach Halves Milk and Water	Crunchy Cheetos & Milk
THUR 12/22/22	Grape Juice Whole Grain French Toast Sticks with Syrup Fruit Salad Milk and Water	Cheese Calzone with Marinara Sauce Broccoli Pineapple Tidbits Chocolate Pudding PC Milk and Water	Hot Dog on Roll  Sweet Potato Fries Sliced Pears Milk and Water	Goldfish Crackers & Milk
FRI 12/23/22	Apple Juice Breakfast Tortilla Wrap Fresh Fruit Milk and Water	Fish and Chips Coleslaw Whole Wheat Dinner Roll with Margarine Applesauce Milk and Water	Macaroni & Cheese Stewed Tomatoes Dinner Roll with Margarine Cookies Milk and Water	Cheez-It Crackers & Milk
SAT 12/24/22	100% Fruit Punch Whole Grain Bagel with Cream Cheese & Jelly Mandarin Oranges Milk and Water	Hamburger on Whole Grain Roll Baked Beans  Baby Carrots Peach Halves Milk and Water	<u>Christmas Eve</u> Stuffed Shells Winter Vegetables Dinner Roll with Margarine Chocolate Mint Cream Pie Milk and Water	Kettle Potato Chips & Milk
SUN 12/25/22	Orange Juice Whole Grain Pancakes with Syrup Applesauce Milk and Water	<u>Christmas Day</u> Roast Beef in Gravy Scalloped Potatoes Broccoli Crowns Whole Wheat Dinner Roll with Margarine Tropical Fruit Salad Strawberry Ice Cream Milk and Water	Tuna Salad on Whole Wheat Bread Green Bean Salad Brownie Milk and Water	Vanilla Wafers & Milk

****No Pork** 