


**WEEK of 5/22/23**

|                 | <b>BREAKFAST</b>  | <b>LUNCH</b>  | <b>DINNER</b>  | <b>SNACK</b>                     |
|-----------------|---|---|--|----------------------------------|
| MON<br>5/22/23  | 100% Fruit Punch<br>Omelet with Colby Cheese<br>Wheat Toast with<br>Margarine and Jelly<br>Fruit Cocktail<br>Milk and Water | Tuna Salad on Croissant with<br>Lettuce<br>Carrots<br>Pear Halves<br>Milk and Water   | Tacos with Lettuce, Salsa and<br>Cheese<br>Dill Corn<br>Cookies<br>Milk and Water  | Crunchy<br>Cheetos<br>& Milk     |
| TUE<br>5/23/23  | Cranberry Juice<br>Cinnamon Roll<br>Pineapple Tidbits<br>Milk and Water   | Asian Chicken Salad<br>Wheat Dinner Roll with Margarine<br>Watermelon<br>Milk and Water                                       | Pot Roast with<br>Potatoes and Vegetables<br>Dinner Roll with Margarine<br>Orange Cake<br>Milk and Water   | Graham<br>Crackers &<br>Milk     |
| WED<br>5/24/23  | Orange Juice<br>Pancakes with Syrup<br>Sliced Peaches<br>Milk and Water   | Meatballs Queso Bomber on a Roll<br>Broccoli<br>Fruit Cocktail<br>Strawberry Ice Cream<br>Milk and Water                      | Oven Fried Chicken<br>Mashed Potatoes with Gravy<br>Coleslaw<br>Lemon Pudding<br>Milk and Water  | Kettle Potato<br>Chips &<br>Milk |
| THUR<br>5/25/23 | Apple Juice<br>Golden Graham Cereal<br>Fruit Yogurt<br>Fresh Fruit<br>Milk and Water  | Breaded Chicken Breast on Roll<br>Steak Fries<br>Mandarin Oranges<br>Milk and Water   | Turkey and American Cheese on<br>Club Roll with Lettuce and<br>Tomatoes<br>Roasted Chickpea Pasta Salad<br>Pineapple Rings<br>Milk and Water                           | Donut &<br>Milk                  |
| FRI<br>5/26/23  | 100% Fruit Punch<br>French Toast Sticks<br>with Syrup<br>Sliced Pears<br>Milk and Water                                     | Cheese Burger on Roll<br>Southern Baked Beans<br>Corn<br>Applesauce<br>Milk and Water   | Breaded Pollock with Tartar Sauce<br>Potato Salad<br>Green Beans<br>Dinner Roll with Margarine<br>Peach Halves<br>Milk and Water                                       | Pretzels<br>& Milk               |
| SAT<br>5/27/23  | Grape Juice<br>Blueberry Muffin with<br>Margarine and Jelly<br>Fruit Salad<br>Milk and Water                                | Mediterranean Chicken Breast<br>Seasoned Rice<br>Peas<br>Wheat Dinner Roll with Margarine<br>Orange Wedges<br>Milk and Water  | Hot Dogs on Rolls <br>Au Gratin Potatoes<br>Chocolate Ice Cream<br>Milk and Water | Cheez It<br>Crackers &<br>Milk   |
| SUN<br>5/28/23  | Orange Juice<br>Bagel with Cream Cheese<br>Flavored Applesauce<br>Milk and Water  | Seasoned Roast Pork and American<br>Cheese on Club Roll<br>Broccoli<br>Baby Carrots<br>Tropical Fruit Salad<br>Milk and Water | Bake Your Own Pizza with Peppers<br>and Onions (Unit to Bake)<br>Tossed Salad with Salad Dressing<br>Brownie<br>Milk and Water   | Banana<br>Pudding &<br>Milk      |

**\*\*No Pork**

