



WEEK OF OCTOBER 30 MENU

	BREAKFAST	LUNCH	DINNER	SNACK
MON 10/30/23	Apple Juice Omelet with Colby Cheese Wheat Toast with Margarine & Jelly Mandarin Oranges Milk and Water	Italian Roast Beef with Cheese on Club Roll Corn Pear Halves Milk and Water	Hot Dogs  Cauliflower Cookies Milk and Water	Vanilla Wafers & Milk
TUE 10/31/23	Cranberry Juice French Toast Sticks with Syrup Fruit Cocktail Milk and Water	Papas Rellenas con queso pollo y broccoli Dinner Roll with Margarine Pineapple Chunks Orange Sherbet Milk and Water	Grilled Chicken over Fettucine Alfredo Tossed Salad with Salad Dressing Chocolate Cake Milk and Water	Goldfish Crackers & Milk
WED 11/1/23	Orange Juice Oatmeal with Syrup Cherry Vanilla Yogurt Fresh Fruit Milk and Water	Autumn Salad with Balsamic Vinaigrette Dressing Dinner Roll with Margarine Sliced Peaches Vanilla Pudding Milk and Water	Meatloaf in Gravy Mashed Potatoes Broccoli-Cauliflower Salad Applesauce Milk and Water	Pretzels & Milk
THUR 11/2/23	Grape Juice Maple Flavored Pancakes and Turkey Sausage Wrap  Pineapple Tidbits Milk and Water	Sriracha Glazed Chicken over Rice Steamed Broccoli Dinner Roll with Margarine Orange Wedges Milk and Water	Loaded Nachos over Tortilla Chips Strawberry Ice Cream Milk and Water	Corn Chips & Milk
FRI 11/3/23	100% Fruit Punch Apple Muffin with Margarine & Jelly Lucky Charms Sliced Pears Milk and Water	Breaded Fish with Cheese on WG Roll with Tartar Sauce Scalloped Potatoes Flavored Applesauce Milk and Water	Cheese Pizza (Unit to Bake) Green Beans Brownie Milk and Water	Cheez-It Crackers & Milk
SAT 11/4/23	Cranberry Juice Granola Bar Peach Halves Milk and Water	Chicken and Waffles with Syrup Tossed Salad with Cherry Tomatoes and Salad Dressing Tropical Fruit Salad Milk and Water	Boneless Pork Chop in Gravy Classic Macaroni Salad Peas Mandarin Oranges Milk and Water	Crunchy Cheetos & Milk
SUN 11/5/23	Orange Juice Bagel with Margarine & Jelly Fresh Fruit Milk and Water	Hamburger on Roll Three Beans Salad Broccoli Florets Pear Halves Milk and Water	Mediterranean Chicken Seasoned Rice Lettuce Wedge with Salad Dressing Dinner Roll with Margarine Banana Pudding Milk and Water	Graham Crackers & Milk

***ALERT! TURKEY HOT DOGS ARE A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS**

****No Pork**

