


**WEEK OF NOVEMBER 13 PROPOSED MENU**

FALL

	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>	<b>SNACK</b>
MON 11/13/23	100% Fruit Punch Oatmeal with Syrup Pineapple Tidbits Milk and Water	BBQ Roast Beef with Pepper Jack Cheese On Club Roll Chuck Wagon Corn Pear Halves Milk and Water	Spaghetti with Bolognaise Sauce Winter Vegetables Italian Bread with Margarine Carrot Cake Milk and Water	Corn Chips & Milk
TUE 11/14/23	Apple Juice Omelet with Colby Cheese Wheat Toast with Margarine and Jelly Mandarin Oranges Milk and Water	Mexican Chicken Nachos Fruit Cocktail Milk and Water	Bratwurst on Roll Potato Wedges Cookies Milk and Water	Graham Crackers & Milk
WED 11/15/23	Grape Juice Blueberry Muffin with Margarine Strawberry Banana Yogurt Peach Halve Milk and Water	Roasted Quinoa Burger on Roll with Lettuce and Tomatoes Broccoli and Cauliflower Salad Flavored Applesauce Milk and Water	Maple Glazed Ham Au Gratin Potatoes Carrots Dinner Roll with Margarine Pineapple Rings Milk and Water	Pretzels & Milk
THUR 11/16/23	Orange Juice Waffles with Syrup Sliced Pears Milk and Water	<b><u>California Cobb Salad</u></b> Chicken Strips, Avocado, Egg, Bacon, Tomato Wedges over Salad Greens with Ranch Dressing Dinner Roll with Margarine Fresh Fruit Milk and Water	Beef Fajitas with Fixings Black Beans and Rice Mandarin Oranges Milk and Water	Butterscotch Pudding & Milk
FRI 11/17/23	Cranberry Juice Scramble Egg Patty Bagel with Margarine and Jelly Fruit Cocktail Milk and Water	Chicken Tenders with Sweet & Sour Sauce Stir Fried Rice Tossed Salad with Salad Dressing Dinner Roll with Margarine Sliced Peaches Milk and Water	Battered Pollock Wedge on Club Roll with Lettuce and Tomatoes Classic Macaroni Salad Applesauce Milk and Water	Crunchy Cheetos & Milk
SAT 11/18/23	Grape Juice Granola Bar Apple Cinnamon Cheerios Fresh Fruit Milk and Water	Meatballs on Roll Broccoli Pineapple Chunks Milk and Water	Baked Herb Chicken Macaroni and Cheese Green Bean Salad Frozen Chocolate Crunch Cake Milk and Water	Vanilla Wafers & Milk
SUN 11/19/23	Orange Juice Raspberry Churros Golden Graham Cereal Applesauce Milk and Water	WG Buttermilk Pancakes with Syrup Chicken Sausage Links  Salad with Cherry Tomatoes and Salad Dressing Fruit Compote Milk and Water	Salisbury Steak in Gravy Parslied Potatoes Mixed Vegetables Pear Halves Milk and Water	Cheez It Crackers & Milk

**\*\*ALERT! BRATWURST IS A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS**

**\*\*No Pork**

