



**WEEK OF SEPTEMBER 30 MENU**

	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>	<b>SNACK</b>
MON 9/30/24	Grape Juice English Muffin with Margarine and Jelly Lucky Charms Pear Halves Milk and Water	Breaded Pollock with Cheese, Lettuce, and Tomato on a Roll Carrots Fresh Fruit Milk and Water	Lasagna Roll California Vegetables Italian Bread with Margarine Chocolate Cake Milk and Water	Butterscotch Pudding & Milk
TUE 10/1/24	Cranberry Juice Pancakes with Syrup Fruit Cocktail Milk and Water	Philly Cheese Steak on Roll Steak Fries Mandarin Oranges Milk and Water	Greek Chicken Salad with Greek Feta Dressing Dinner Roll with Margarine Applesauce Milk and Water	Corn Chips & Milk
WED 10/2/24	Orange Juice Scrambled Egg Patty with Cheese Wheat Toast with Margarine and Jelly Sliced Peaches Milk and Water	Pepperoni Calzone with Marinara Sauce Broccoli Pineapple Tidbits Fruit Yogurt Milk and Water	<b><u>Rosh Hashanah</u></b> Roast Beef in Gravy Bread Stuffing Glazed Carrots Coins Dinner Roll with Margarine Apple Pie Milk and Water	Graham Crackers & Milk
THUR 10/3/24	100% Fruit Punch Apple Cinnamon Cheerios Banana Milk and Water	Hot Dogs on Rolls  Green Beans Flavored Applesauce Milk and Water	Chicken Tenders Wrap with Ranch Dressing Potato Salad Fruit Cocktail Milk and Water	Crunchy Cheetos & Milk
FRI 10/4/24	Grape Juice Granola Bar Mandarin Oranges Milk and Water	Chili Cheese Nachos Tex Mex Vegetables Peach Halves Milk and Water	BBQ Pork Chop Baby Baker Potatoes Peas Brownie Milk and Water	Vanilla Wafers & Milk
SAT 10/5/24	Apple Juice Oatmeal with Syrup Tropical Fruit Salad Milk and Water	Fresh Baked Pizza (Unit to Bake) Tossed Salad with Cherry Tomatoes and Salad Dressing Sliced Pears Milk and Water	Grilled Turkey, American Cheese, Bacon Sandwich  Italian Pasta Salad Cookies Milk and Water	Donut & Milk
SUN 10/6/24	Orange Juice Dutch Waffle with Syrup Applesauce Milk and Water	Hamburger on Whole Wheat Roll Southern Baked Beans Baby Carrots Fresh Fruit Milk and Water	Teriyaki Glazed Chicken over Rice Normandy Vegetables Dinner Roll with Margarine Pineapple Chunks Milk and Water	Cheez It Crackers & Milk

**\*\*ALERT! TURKEY HOT DOGS ARE A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS**

**\*\*No Pork**

